

LISD School Health Advisory Council Minutes

February 21, 2024

I. Call to Order @ 6:03

- A. Opening remarks were made by Courtney Houghton. The meeting was called to order at 6:03pm.

II. Approval of Minutes

- A. It was stated that the minutes from the last meeting were emailed to council members, no revisions were recommended and were approved.

III. Child Nutrition Menu Offering: Kim Stafford, Child Nutrition Department discussed new food offering that has been implemented in all cafeterias, turkey barbacoa.

IV. Old Business - none

V. New Business

- A. Matt Garrett shared an overview of updates of how LISD is meeting the new state requirements for safety and security including the Guardian program and the revision to campus entrances and the installation of bullet resistant glass. Also highlighted the first year of the district's canine detection program with Goja.
- B. Melanie Vincelette shared updates from Health Services including Go Red and recent lifesaving rescues by two of our school nurses.
- C. Sub-Committee Breakout Sessions Elementary Movement and Physical Activity
 - 1. Elementary Movement and Physical Activity
 - 2. HB 3908 Student Fentanyl Awareness Education
- D. Sub-Committee Report Out
 - 1. Elementary Movement and Physical Activity: The subcommittee has divided into three groups:
 - Indoor Recess – looking at options for movement; games, yoga, limiting screen time and wobble seats
 - Brain breaks and increasing movement throughout the day- iPad games that promote movement, use of brain break lab, wobble seats
 - Outdoor Recess- Look at Link project that is designed to have more frequent, shorter recesses throughout the day
 - 2. Student Fentanyl Awareness- discussed current curriculum on

fentanyl and the proposed addition of “Dead on Arrival; Protect Texas! Stop Drugs!” that would follow the new requirements of HB 3809. Members will watch associated video and review the course outline prior to the next meeting and submit questions. Members additionally requested that the district explore an accountability measure for students attending this program.

E. Adjournment - @ 7:04pm

VI. Next meeting March 20, 2024